

**NEW YORK INSTITUTE
OF TECHNOLOGY**

College of Osteopathic
Medicine

2024

Alumni Awards

CELEBRATING OUR ALUMNI

NYIT COLLEGE OF OSTEOPATHIC MEDICINE
Alumni Awards Dinner

Wednesday, May 1, 2024

THE GARDEN CITY HOTEL

nyit.edu/comalumawards



NYIT COLLEGE OF OSTEOPATHIC MEDICINE **ONE PROGRAM, TWO LOCATIONS**

Mission

New York Institute of Technology College of Osteopathic Medicine (NYITCOM) is committed to training osteopathic physicians for a lifetime of learning and practice, based upon the integration of evidence-based knowledge, critical thinking, and the tenets of osteopathic principles. We are also committed to preparing osteopathic physicians for careers in healthcare, including in the inner city and rural communities, as well as for the scholarly pursuit of new knowledge concerning health and disease. We provide a continuum of educational experiences to students, extending through the clinical and post-graduate years of training. This continuum provides the future osteopathic physician with the foundation necessary to maintain competence and compassion, as well as the ability to better serve society through research, teaching, and leadership.

Vision

To advance patient-centered, population-based osteopathic healthcare through transformative education and illuminating research.

History

NYIT College of Osteopathic Medicine traces its roots to W. Kenneth Riland, D.O., and a group of visionary osteopathic physicians practicing in the State of New York. Dr. Riland was the personal physician to former President Richard Nixon, Vice President Nelson Rockefeller, and Secretary of State Henry Kissinger. Dr. Riland and his colleagues saw the establishment of the medical school as a way to promote and strengthen the credibility of osteopathic medicine and leveraged the support of Rockefeller and other political leaders to establish the New York College of Osteopathic Medicine in 1977. The college changed its name to NYIT College of Osteopathic Medicine in 2012.

Dear Friends,

Welcome to the 2024 NYIT College of Osteopathic Medicine Alumni Awards Dinner. Please join me in congratulating our distinguished honorees on their incredible success! Tonight, we celebrate the many impressive accomplishments and contributions that our alumni and community partners have made to the field of healthcare and medicine. The NYIT College of Osteopathic Medicine has been long-respected throughout the field of healthcare and medical education for producing outstanding professionals devoted to helping others—and tonight is no exception!

In addition, I wish to thank the generous sponsors of the NYIT College of Osteopathic Medicine Alumni Awards Dinner, including Catholic Health, and all attendees for supporting this amazing event.

On behalf of the Board of Trustees and the entire New York Tech community, congratulations once again to our honorees and thank you all for joining us.



Sincerely,

Hank Foley, Ph.D.

President

New York Institute of Technology

2024
Alumni Awards

Dear Alumni and Friends,

Welcome to the 2024 NYIT College of Osteopathic Medicine Alumni Awards Dinner. It is an honor and privilege to be here tonight surrounded by friends and colleagues to celebrate this year's award winners. Our honorees this evening were selected not only for their outstanding personal and professional accomplishments but also for their impact on our profession and community.

Your passion, perseverance, and vision have inspired many. Each of you is the embodiment of the characteristics of "doers, makers, healers, and innovators" that are part of the fabric of New York Tech, and we are immensely proud to count you among our esteemed alumni and friends.

On behalf of New York Tech, I want to thank you for your leadership and vision. Your achievements are a source of pride for our entire university community. You continue to elevate the reputation of our institution and inspire us all. I hope you all enjoy your evening!



Sincerely,

**Jerry Balentine, D.O., FACOEP, FACEP
Provost & Executive Vice President
New York Institute of Technology**

2024
Alumni Awards

Dear Friends,

Welcome to the 2024 NYIT College of Osteopathic Medicine Alumni Awards Dinner. Tonight, I am honored and privileged to present our distinguished 2024 award winners, who are notable for not only their incredible contributions to their professions but also for their ability to inspire those around them.

Later this month, we will graduate our 43th medical school class. With more than 9,000 graduates around the globe, NYITCOM is proud of all of the exceptional leaders, innovators, and practitioners across all areas of medicine who began their medical careers with us. Thank you to all of those who have worked to blaze the trail for the osteopathic physicians today, and those who will enter the profession in the future. And thank you to those of you who have served as faculty, mentors, and friends. Your support has been instrumental in our collective success.

Since 1977, NYITCOM has worked hard to stay true to our mission to provide our students with the foundation necessary to maintain competence and compassion, as well as the ability to better serve society through research, teaching, and leadership. Each of our honorees this evening is a true example and role model of these attributes. Individually, you have inspired, educated, and propelled our profession forward. Collectively, we owe much of our success as a COM to the work you do and continue to do each day. At a time when burnout within our profession is at an all-time high, your ability to comfort and inspire is no small feat.

I am so proud of where we began and how far we have come, but I recognize that none of this would have been possible if not for the incredible support of all of you. As we continue to build towards an exciting future, I want to acknowledge the role that each of you played in making that future possible.

Thank you for your unwavering commitment to excellence. I wish each of you a wonderful evening.



Sincerely,

Nicole Wadsworth, D.O., FACOEP, FACEP
Dean
College of Osteopathic Medicine



Office of the County Executive
1550 Franklin Avenue
Mineola, New York 11501



May 1, 2024

Dear Friends,

Please accept my warmest greetings and congratulations as you gather to celebrate with the New York Institute of Technology College of Osteopathic Medicine at their Annual Alumni Awards Dinner. Their presence in Nassau County is certainly noted as is their incredible contribution in helping to transform the field of medicine and make a difference in the lives of countless individuals.

Tonight, they honor an impressive lineup of alumni; Humayun "Hank" Chaudhry, D.O., Chris Kyriakides, D.O., Elizabeth Haines, D.O., Mikhail "Mike" Varshavski D.O., Oskar Varshavski, D.O., Sonia Rivera-Martinez, D.O. and Catholic Health.

This wonderful organization deserves and is worthy of the esteem of Nassau County for its selfless service to the community, which has made a permanent and positive impact on us all.

Furthermore, I would like to extend my best wishes and hearty congratulations to all who have worked toward forwarding the goals of this fine institution throughout the year.

Best wishes for continued success in all your endeavors.

Sincerely,

*Bruce A. Blakeman
County Executive*

JOSEPH SALADINO
SUPERVISOR



OFFICE OF THE TOWN SUPERVISOR
54 AUDREY AVENUE
OYSTER BAY, NEW YORK 11771
516-624-6350

May 1, 2024

Dear Friends and Supporters,

The New York Institute of Technology College of Osteopathic Medicine (NYITCOM) will tonight honor the accomplishments of notable alumni and community partners at its 2024 NYITCOM Alumni Awards Dinner. It is a special occasion that provides an opportunity to recognize exemplary individuals for their extraordinary accomplishments, as well as their selfless service to our community and this amazing school. These visionaries can look back with pride upon an incredible legacy of accomplishments, most notably, supporting the school and its ongoing effort to provide the finest education and support for its diverse students, while advancing NYITCOM's mission to train osteopathic physicians for a lifetime of learning and practice.

As an NYIT graduate, I am so proud that this prestigious event supports all of NYITCOM's physicians, as they transform the field of medicine and make a difference in the lives of countless individuals. It is also important to note that the college contributes to the economic growth of Long Island and the tri-state area with more than 3,000 clinical educational opportunities in leading urban and suburban hospitals and healthcare facilities. It has a ripple effect that positively impacts all of us and helps make our world a better place.

On behalf of the Town of Oyster Bay's more than 300,000 residents, I commend tonight's honorees, and join in thanking the administrators, instructors, staff and the many supporters of New York Institute of Technology College of Osteopathic Medicine for your tireless service to our community, which has truly enriched the lives of many people. Enjoy tonight's dinner knowing that you all have played an essential role in the success of this amazing institution.

Yours truly,

A handwritten signature in black ink that reads "Joseph Saladino". The signature is written in a cursive style with a large initial "J".

Joseph Saladino
Town Supervisor



CHARLES D. LAVINE
 Assemblyman 13th District
 CHAIR
 Judiciary Committee

THE ASSEMBLY
 STATE OF NEW YORK
 ALBANY

COMMITTEES
 Codes
 Ethics & Guidance
 Rules
 Insurance

May 1st, 2024

Dear Friends:

On behalf of the New York State Assembly, I am truly honored to recognize the remarkable achievements of the notable alumni and community partners being honored at the 2024 NYITCOM Alumni Awards Dinner this evening.

New York Institute of Technology College of Osteopathic Medicine trains osteopathic physicians for a lifetime of learning and practice. It is demonstrated by the accomplished Alumni being honored tonight.

It gives me great pleasure to congratulate all the honorees for their achievements and giving back to NYITCOM and the community.

We are living in unprecedented times in which it has never been more important to work together as a community to face challenges. It is with this in mind that I commend this evening's honorees for their outstanding service to the community and this organization.

Best wishes and keep up the superb work.



Sincerely,

Charles D. Lavine
 Member of Assembly

ALBANY OFFICE: Room 831, Legislative Office Building, Albany, New York 12248 • 518-455-5456, FAX: 518-455-5467
 DISTRICT OFFICE: 1 School Street, Suite 303B, Glen Cove, New York 11542 • 516-676-0050, FAX: 516-676-0071
 EMAIL: lavinec@nyassembly.gov

SENATOR JACK M. MARTINS
7TH DISTRICT
MARTINS@NYSENATE.GOV

VICE CHAIR
SENATE MINORITY CONFERENCE

NEW YORK
STATE
SENATE



RANKING MINORITY MEMBER
LABOR
PROCUREMENT AND CONTRACTS

COMMITTEES
FINANCE
HEALTH
HOUSING, CONSTRUCTION AND
COMMUNITY DEVELOPMENT
JUDICIARY

May 1st, 2024

Dear Friends of the New York Institute of Technology College of Osteopathic Medicine,

Tonight, we are celebrating and honoring the accomplishments of our incredibly successful alumni and community partners. NYITCOM's mission to build a foundation for dedicated health professionals is not only inspiring but widely impactful to our community at large.

In that light, I offer both sincere thanks and best wishes to this evening's honorees. Your passion and dedication to the healthcare industry is admirable and your commitment to the college fosters academic growth and enhances the social responsibilities of our community. No doubt that through admirable work, many lives have been touched and the field of medicine has been transformed.

Yet, it is also important to note that you have sparked the drive and creativity of a new generation of leaders who enter this industry. You are the prime example of leaving a legacy.

I join you in congratulating our honorees and I look forward to what else you have in store for our community. I send my best wishes as you gather this evening to celebrate the 2024 NYITCOM Alumni Awards Dinner.

Sincerely,

A handwritten signature in blue ink that reads "Jack M. Martins".

Jack M. Martins
NYS Senator, 7th District

ALBANY OFFICE: 608 LEGISLATIVE OFFICE BLDG. • ALBANY, NY 12247 • TEL (518) 455-2677 • FAX (518) 426-6720
DISTRICT OFFICE: 173 MINEOLA BLVD., STE. 201, MINEOLA, NY 11501 • TEL (516) 922-1811 • FAX (516) 922-1154



OFFICE OF THE
DEMOCRATIC MINORITY



DELIA DERIGGI-WHITTON
MINORITY LEADER

NASSAU COUNTY LEGISLATURE
THEODORE ROOSEVELT EXECUTIVE & LEGISLATIVE BUILDING
1550 FRANKLIN AVENUE - ROOM 143
MINEOLA, NEW YORK 11501
TELEPHONE: (516) 571-6211 - FAX: (516) 571-6125
E-MAIL: dderiggiwhitton@nassaucountyny.gov

April 29, 2024

The members of the Legislative Minority Caucus extend our heartfelt congratulations to the to the NYIT College of Osteopathic Medicine on the occasion of your Annual Alumni Awards Dinner!

We join you in saluting tonight's honorees, including Distinguished Alumnus award winner Humayun "Hank" Chaudhry, D.O. ('91), MACP, FRCP; Alumnus of the Year Chris Kyriakides, D.O. ('89); Alumna of the Year Elizabeth Haines, D.O. ('05); Legacy Alumnus honorees Mikhail "Mike" Varshavski D.O. ('14) and Oskar Varshavski, D.O. ('00); Excellence in Medicine honoree Sonia Rivera Martinez, D.O. ('02) and Community Partner Award recipient Catholic Health.

Tonight's honorees and the entirety of the NYIT College of Osteopathic Medicine Alumni community contribute greatly to the betterment of this outstanding institution of higher education and all of Nassau County, and we wish you all continued success in the years to come!

Sincerely,

Delia DeRiggi-Whitton
Minority Leader
11th Legislative District

Arnold W. Drucker
Deputy Minority Leader
16th Legislative District

Siela A. Bynoe
Alternate Deputy Minority Leader
Second Legislative District

Scott M. Davis
Legislator, First District

Carrié Solages
Legislator, Third District

Seth I. Koslow
Legislator, Fifth District

Debra Mulé
Legislator, Sixth District





NASSAU COUNTY LEGISLATURE

1550 FRANKLIN AVENUE, MINEOLA, NY 11501

May 1, 2024

Dear Friends,

It is with great pride that we, as the majority members of the Nassau County Legislature, offer our sincere best wishes to NYIT College of Osteopathic Medicine on the occasion of its Annual Alumni Awards Dinner.

We would also like to take the opportunity to offer congratulations to the evening's Alumni Award honorees: *Distinguished Alumnus Award*: Humayun "Hank" Chaudhry, D.O. ('91), MACP, FRCP; *Alumnus of the Year Award*: Chris Kyriakides, D.O. ('89); *Alumna of the Year*: Elizabeth Haines, D.O. ('05); *Legacy Alumnus Award*: Mikhail "Mike" Varshavski D.O. ('14) and Oskar Varshavski, D.O. ('00); *Excellence in Medicine Award*: Sonia Rivera-Martinez, D.O. ('02) and *Community Partner Award*: Catholic Health.

These members of the NYIT College of Osteopathic Medicine Alumni community will be honored for their roles in medicine and their impact on the school to help it remain a dynamic, highly ranked, and accredited not-for-profit university that is committed to educating the next generation of leaders, inspiring innovation, and advancing entrepreneurship.

Howard J. Kopel - District 7
Presiding Officer & Majority Leader

Tom McKeivitt - District 13
Deputy Presiding Officer

John R. Ferretti - District 15
Alternate Deputy Presiding Officer

Patrick Mullaney - District 4
Nassau County Legislator

John J. Giuffrè - District 8
Nassau County Legislator

Scott P. Strauss - District 9
Nassau County Legislator

Mazi Melesa Pilip - District 10
Nassau County Legislator

Michael J. Giangregorio - District 12
Nassau County Legislator

C. William Gaylor III - District 14
Nassau County Legislator

Rose Marie Walker - District 17
Nassau County Legislator

Samantha A. Goetz - District 18
Nassau County Legislator

James D. Kennedy - District 19
Nassau County Legislator

DISTINGUISHED ALUMNUS

HUMAYUN “HANK” CHAUDHRY, D.O. ('91), MACP, FRCP

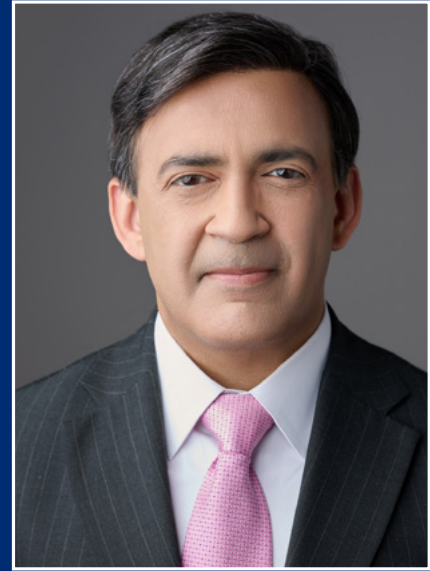
Humayun J. Chaudhry, DO, is President and CEO of the Federation of State Medical Boards and Clinical Associate Professor of Medicine at the George Washington University School of Medicine in Washington, DC. The FSMB represents all state and territorial medical boards that license physicians and physician assistants and operates the Federation Credentials Verification Service (FCVS) and Physician Data Center (PDC), while co-managing the United States Medical Licensing Examination (USMLE) with the National Board of Medical Examiners.

Born in Karachi, Pakistan and raised in Brooklyn, New York, Dr. Chaudhry graduated at age 16 from Midwood High School and matriculated at NYU, where he received bachelor's and master's degrees. He graduated from NYIT College of Osteopathic Medicine in 1991 and has a master's degree from Harvard School of Public Health, where he was later a Guest Lecturer. Dr. Chaudhry completed a rotating internship at St. Barnabas Hospital, Bronx, New York, followed by an ACGME-accredited residency in Internal Medicine at NYU Langone-Long Island Hospital, where he served an additional year as Chief Resident. He became a diplomat of the American Board of Internal Medicine in 1996.

Dr. Chaudhry served as Director of Medical Education at Long Beach Medical Center, New York, from 1996-2001, and then as Chair of the Department of Medicine and Assistant Dean for Pre-Clinical Education at NYITCOM, from 2001 to 2007. He became a Flight Surgeon and rose to the rank of Major in the U.S. Air Force Reserves, serving from 1999 to 2013 with the 514th Aeromedical Staging Squadron and 732nd Air Refueling Squadron at McGuire Air Force Base, New Jersey. His military decorations include medals for service in the U.S. Global War on Terrorism, and for USAF Commendation and USAF Achievement, as well as ribbons for National Defense Service, Outstanding Aeromedical Staging Squadron, and USAF Small Arms Marksmanship.

In 2007, he was nominated by Suffolk County Executive Steve Levy and confirmed by the Suffolk County Legislature as Health Commissioner, supervising 1,500 employees and a budget of \$400 million. He is credited with creating a new Division of Preventive Medicine within the department through a restructuring of 72 personnel that went into effect on January 1, 2008. Dr. Chaudhry served as President of the American College of Osteopathic Internists (ACOI) from 2008 to 2009. In 2009, he played a critical role as public health leader, educator, and advocate during the H1N1 Influenza Pandemic, when he was recognized by Newsday and its editorial board for “intently but calmly ... (steering) the public on a better middle course between apathy and alarm.”

He is the author or co-author of more than 80 peer-reviewed articles and a co-author of two books - Fundamentals of Clinical Medicine and Medical Licensing and Discipline in America. From 2016-2018 he was Chair of the International Association of Medical Regulatory Authorities (IAMRA), the first time that an osteopathic physician was elected to that role. In 2022 and again in 2023, he was listed by Modern Healthcare as one of the 100 Most Influential People in Healthcare. He is a Knight of the Equestrian, Secular and Chapterial Order of Chivalry of Saint Joachim, which was founded in Europe in 1755. In 2023, Dr. Chaudhry was recognized by the ACOI as its “Internist of the Year.”



ALUMNA OF THE YEAR

ELIZABETH HAINES, D.O. ('05)

Elizabeth Haines, DO, MSc, FACEP, is the Service Chief of Quality and the Patient Safety Officer at Hassenfeld Children's Hospital-NYU Langone Health. She is an Associate Professor of Pediatrics and Emergency Medicine at NYU and Hassenfeld Children's Hospital. Dr. Haines completed primary residency training in Emergency Medicine followed by a fellowship in Pediatric Emergency Medicine.

She is currently double board certified in both adult and pediatric emergency medicine. She previously held departmental roles in Emergency Medicine clinical, clinical operations, and safety before moving into systems-level work in pediatric clinical quality & safety. Following her post-graduate training in Emergency Medicine and Pediatric Emergency Medicine, she completed a Master of Applied Science in Healthcare Quality & Safety at The Johns Hopkins University- Bloomberg School of Public Health. In addition to acting as the Service Chief of Quality for the Children's Hospital, Dr. Haines is the Clinical Director of the Sala Institute for Child and Family Centered Care. In this role she supervises a staff of pediatric clinicians, administrators, and project managers who support all aspects of clinical quality, safety, experience, integrated behavioral health, equity and family centered care for the pediatric patients and families of NYU. Sala is a philanthropically funded institute founded by the Gottesman Family that aims to improve the care of children and families cared for at Hassenfeld Children's Hospital at NYU.



ALUMNUS OF THE YEAR CHRIS KYRIAKIDES, D.O. ('89)

A proud graduate of NYITCOM (formerly NYCOM) Class of 1989 and distinguished Adjunct Clinical Associate Professor of NYIT's College of Osteopathic Medicine, Christopher Kyriakides, DO, is founder and medical director of New York Orthopaedic Surgery and Rehabilitation, a multi-specialty practice. He is also on staff at NYU Rusk Department of Rehabilitation Medicine and was the 2018 Honoree at the NYU Langone Musculoskeletal Ball.

Dr. Kyriakides is a current member of the NYU MSK Board of Directors. Beyond his clinical work, he has spearheaded ventures in academia, serving as chief executive officer of a publicly traded biotechnology company. During his tenure as CEO, Dr. Kyriakides successfully collaborated with the National Institute of Health (NIH) and National Cancer Institute (NCI) to develop a patient-specific immunotherapeutic vaccine for the treatment of B-cell lymphoma. He currently serves as managing director for two other biotechnology companies involved in drug discovery - Anaplasia Pharmaceuticals and Trixogenesis. Throughout his career, Dr. Kyriakides has consistently advocated for the DO profession, paving the way for osteopathic graduates at major academic institutions, such as NYU.

One of Dr. Kyriakides' lifelong passions has been clinical education. He began teaching NYITCOM (formerly NYCOM) students through clinical rotations as soon as he began his physiatry practice. Since then, he has continued to mentor medical students and residents at his offices, remaining committed to growing their clinical, business, and personal skills.

Dr. Kyriakides completed his undergraduate education at NYU, medical education at NYITCOM (formerly NYCOM), and is a proud graduate of NYU Rusk Institute for his residency training. He and his wife of 37 years, Anna, have four children and a grandchild on the way. He remains dedicated to medical education, mentorship, and patient care.



EXCELLENCE IN MEDICINE SONIA RIVERA-MARTINEZ, D.O. ('02)

Sonia Rivera-Martinez, DO, received her Doctor of Osteopathic Medicine at NYIT College of Osteopathic Medicine (NYITCOM) in 2002. She completed her internship, family practice residency, and chief residency at the Long Beach Medical Center (LBMC), Long Beach, N.Y. in 2006. From 2006 to 2010, she worked as an attending physician for the Department of Family Medicine at the Jamaica Hospital Medical Center in Jamaica, N.Y. She earned her board certification in family medicine and osteopathic manipulative treatment in 2005.

In April 2010, she joined the Family Medicine Department at NYITCOM as full-time clinical teaching faculty. At NYITCOM, she teaches first-year and second-year osteopathic medical students in the Doctor Patient Relationship course and precepts third-year osteopathic medical students while providing patient care at the NYITCOM Academic Health Care Centers.

From early in her osteopathic medical career, she set several goals for herself which include expanding the public's knowledge of osteopathic medicine through research and advocacy, teaching medical students the art and science of osteopathic medicine, providing medical services in an underserved area, and educating patients about healthy lifestyles. In keeping with these goals, she has been very active serving the profession in various national, state, and local organizations. To name a few, Dr. Rivera Martinez has been instrumental in running the NYIT Community Free Clinic as the Director since 2017 and a member of the NYITCOM Dean's Advisory Board since 2019. She is the Faculty/Physician Advisor for the Latino Medical Student Association – and the National Advisor as well and currently sits on the National Board of Osteopathic Medical Examiner's Faculty. She is a current Board of Trustee of the American Osteopathic Association (AOA) and a member of the Board of Directors of the American Osteopathic Foundation (AOF).

Dr. Rivera Martinez was the NYITCOM Faculty Senate President from 2018-2019 and has been the recipient of many local and national awards and has numerous publications.



COMMUNITY PARTNER CATHOLIC HEALTH

Catholic Health is an integrated system encompassing some of the region's finest health and human services agencies. The health system has approximately 17,000 employees, six acute care hospitals, three nursing homes, a home health service, hospice, and a network of physician practices. Under the sponsorship of the Diocese of Rockville Centre, Catholic Health serves hundreds of thousands of Long Islanders each year, providing care that extends from the beginning of life to helping people live their final years in comfort, grace, and dignity.



2024
Alumni Awards

LEGACY

MIKHAIL “MIKE” VARSHAVSKI, D.O. ('14) & OSKAR VARSHAVSKI, D.O. ('00)

Doctor Mike Varshavski, DO, is a board-certified family medicine physician and social media influencer with an audience of over 25 million followers across platforms. After graduating from NYIT, Doctor Mike began his social media career on Instagram, sharing his experience as a young medical professional who was also trying to explore the world and live a fulfilling life outside of the hospital. This ballooned into a massive following and eventually a highly popular YouTube channel, where he educates his audience about their health and bodies while also debunking medical misinformation. When he's not practicing medicine in New Jersey or making YouTube videos, Doctor Mike trains as a professional boxer, having made his debut fighting on Showtime Pay-Per-View in 2022. He lives outside New York City with his Newfoundland dog, Bear.



Oskar Varshavski, DO, is a board-certified family medicine physician and proud graduate of NYIT, which he completed later in life after immigrating from Russia in the 1990s. Dr. Varshavski was a practicing physician in Russia but decided to move his family to the United States to escape economic and religious persecution. After arriving in the US, he began the process of attending medical school and completing his residency, all for the second time in his life, in an entirely new language. He is a very proud father of his son, Mike, and his daughter Dasha, as well as a proud grandfather of his three grandchildren, Steven, Daniel, and Ari. He lives in Staten Island with his husky, Roxy.



HONOREES

2024
Alumni Awards



2024
Alumni Awards

CONGRATULATIONS



To All The Honorees

HUMAYUN “HANK” CHAUDHRY, D.O. ('91), MACP, FRCP

ELIZABETH HAINES, D.O. ('05)

CHRIS KYRIAKIDES, D.O. ('89)

SONIA RIVERA-MARTINEZ, D.O. ('02)

CATHOLIC HEALTH

MIKHAIL “MIKE” VARSHAVSKI, D.O. ('14)

OSKAR VARSHAVSKI, D.O. ('00)



Your Friends

Daniel Ferrara, D.O. ('86)
and Danielle Ferrara



Thank you,
New York Institute of Technology
College of Osteopathic Medicine
for partnering with us to prepare
the physician leaders of tomorrow.

With much appreciation for
tonight's great honor.



**Catholic
Health**

chsli.org

Henry Schein *congratulates*
the recipients of the
2024 NYITCOM Alumni Awards

Distinguished Alumnus

Humayun "Hank" Chaudhry, D.O. ('91), MACP, FRCP

Alumna of the Year

Elizabeth Haines, D.O. ('05)

Alumnus of the Year

Chris Kyriakides, D.O. ('89)

Excellence in Medicine

Sonia Rivera-Martinez, D.O. ('02)

Community Partner

Catholic Health

Legacy

Mikhail "Mike" Varshavski, D.O. ('14)

Oskar Varshavski, D.O. ('00)

We applaud these award-winning providers for their significant contributions and indelible impact on healthcare. Your unwavering passion and ongoing achievements reflect NYITCOM's commitment to lifelong learning and the pursuit of new knowledge to better serve patients and create a healthier world.

Your friends at Team Schein



A special congratulations to Dr. Chaudhry!

Your dedication to embracing the transformation of care delivery through virtual care served as a catalyst for significant change.

Your visionary leadership has inspired an entire industry to reconsider how we can use technology **to make healthcare more accessible to all.**



Congratulations
to all the
2024 Alumni
Award winners!

Mount Sinai South Nassau proudly supports the NYITCOM Alumni Awards Dinner

Congratulations to all the honorees on behalf of the
Advisory Board, Administration, and Medical Staff

BEST
REGIONAL HOSPITALS

U.S. News & WORLD REPORT

NEW YORK METRO
RECOGNIZED IN 9 TYPES OF CARE
2023-2024



WE FIND A WAY



One Healthy Way, Oceanside, NY 11572 • mountsinai.org/southnassau

SILVER SPONSOR

2024
Alumni Awards



CONGRATULATIONS
DR. CHRIS KYRIAKIDES!



Your Keen Intellect And Unwavering Dedication To Your Patients And The Medical Profession Are Only Surpassed By Your Love For Your Family And Friends.

You Are An Inspiration To All.



The Rynecki Family,
Dr. Nicole Rynecki & Greg Baker
Nolan Rynecki

2024
Alumni Awards

CONGRATULATIONS
DR. CHRIS KYRIAKIDES!

Tonight's honor is given to the most deserving Doctor I know. I am so thankful to be able to entrust my clients care with you as well as the care you provide for me and my family!

Your Friend

Andreas Geroulakis
Geroulakis Law, PC

Protecting you from healthcare risk.



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**CONGRATULATIONS TO
ALL OUR HONOREES!**

From Dr. Stanislav B. Avshalumov, DO

advancedorthosurgeons.com
Valley Stream: (516) 887-5500 | Brooklyn: (718) 333-1500

Congratulations
DR. SONIA RIVERA-MARTINEZ



THANK YOU
for your many contributions
to Osteopathic Medicine!

With great pride,
American Osteopathic Foundation



BRONZE SPONSOR

2024

Alumni Awards



CONGRATULATIONS

To My Dear Friend

HUMAYUN “HANK” CHAUDHRY, D.O. ('91), MACP, FRCP



AND

**TO ALL THE RECIPIENTS
FOR THEIR WELL-DESERVED RECOGNITION**



Your Friend

Dr. James Lally



2024

Alumni Awards



CONGRATULATIONS

To My Dear Friend

SONIA RIVERA-MARTINEZ, D.O. ('02)



AND

**TO ALL THE RECIPIENTS
FOR THEIR WELL-DESERVED RECOGNITION**



Your Friend

Dr. James Lally

Greater New York Hospital Association
congratulates

**Dr. Hank Chaudhry,
Catholic Health,**

and the other deserving
NYIT College of Osteopathic
Medicine Alumni Award
honorees



*"Wherever the art of medicine is loved,
there is also a love of humanity."*

–Hippocrates

ABIM extends its heartfelt
congratulations to
Dr. Hank Chaudhry
on his recognition as
Distinguished Alumnus.

Hank's dedication to his
patients and contributions
to medicine inspire us all.



Humayun “Hank” Chaudhry, DO, MACP, MACOI

**Distinguished alumnus
Valued colleague
Committed to public protection**

**Your colleagues in healthcare regulation
celebrate your accomplishments!**



*The Cornerstone of
Real Estate Development*



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Congratulations and best wishes to

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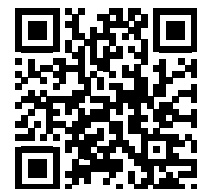


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TO DR. CHRIS KYRIAKIDES
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To know you is to love you! Your keen intellect, unique doctor skills and unmitigated dedication to your profession is exceeded only by the kindness, compassion and true love and devotion you show your patients every single day.

We are all better people for having you in our lives.

Love always and forever,

Greg Elefterakis and Family



**CONGRATULATIONS TO DISTINGUISHED ALUMNUS
DR. HUMAYUN CHAUDHRY, DO, MACP, MACOI, PRESIDENT AND
CEO OF THE FSMB, ON HIS PRESTIGIOUS AWARD FROM
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Nelson Eng, D.O. ('89) and Gina Eng



CONGRATULATIONS

To

**Humayun "Hank" Chaudhry, D.O., MACP, FRCP,
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From

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We are thrilled to be a part of an evening honoring the work of Dr. Kyriakides. He has touched so many lives and tonight is a small token of the gratitude we all share for him, his work, and his tremendous heart.



The Interfaith Institute of Long Island

congratulates Dr. Humayun Chaudhry for his incredible achievement as a "Distinguished Alumnus" of the New York Institute of Technology College of Osteopathic Medicine.

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**CHEERS TO DR. HUMAYUN "HANK"
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This award is a testament to your leadership and dedication, qualities that have benefited the USMLE program for many years. We celebrate this honor and wish you continued success.



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